

Programme

CIA Health Leadership Workshop
12th November 2024
Marriott Hotel, Trevelyan Square,
Leeds, LS1 6ET



What's it about?

Join us for our Health Leadership Workshop.

This is a **FREE EVENT FOR CIA MEMBERS** (subject to booking rules), so secure your spot today! Non-members are also welcome.

With guest speakers, as well as from CIA, and member companies, the exciting lineup includes:

- ✓ CIA's Sustainable Health Metrics 2024 tool (launched on the day!)
- ✓ Menopause and the workplace
- ✓ Workplace mental health & wellbeing
- ✓ Developing Occupational KPIs
- ✓ Workshop to explore leading KPIs, occupational health provision, and line manager needs

According to HSE statistics in 2022-2023:

- 1.8 million workers suffered from work-related ill-health;
- Stress, depression, and anxiety accounted for 49% of cases, resulting in 17.1 million lost working days; and
- Musculoskeletal disorders contributed to another 6.6 million days lost.

With this continuing upward trend, your workplace health systems has never been more important.

Who is this aimed at?

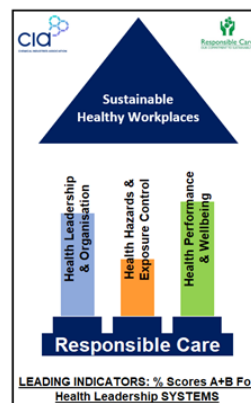
All are invited - whether a member or non-member of CIA.

This workshop is for Site Leaders, specialists and non-specialists in **HR, Occupational Health and SHE disciplines**.

There will be opportunities for interacting with speakers, networking with industry peers and sharing learnings & best practices.

Draft Programme

09:30	COFFEE & REGISTRATION
09:45	Welcome & Keynote Address <ul style="list-style-type: none"> • Dr. Roger Pullin, CIA • Health & Safety Executive (HSE), TBC
10:15	Sustainable Health Metrics 2024 Tool: <ul style="list-style-type: none"> • Overview from CIA – Sarah Campbell & Dr. Roger Pullin • Member Perspective – Peter Shields, Innospec
10:45	Menopause and the Workplace: <ul style="list-style-type: none"> • <i>Guest Speaker</i> – Julie Liddell, Still Human
11:30	COFFEE & NETWORKING
11:45	Workplace Mental Health & Wellbeing: <ul style="list-style-type: none"> • Best Practice Sharing – Amanda Studholme, Futamura • <i>Guest Speaker</i> – Andy Bampton, Andy's Man Club / Women's Wellbeing Club
13:05	LUNCH & NETWORKING
14:00	Developing Occupational Health KPIs <ul style="list-style-type: none"> • <i>Guest Speaker</i> - TBC
14:30	Workshop: Exploring Leading Key Performance Indicators, External Occupational health provision, and needs for Line Managers
15:50	Closing Statements from CIA
16:00	CLOSE



Example output from Sustainable Health Metrics 2024